



*Aging and Adult Services Agency  
Dr. Alexis Travis, Senior Deputy Director*





# Aging & Adult Services Agency (AASA)

## Vision

For Michigan residents to live well and thrive as they age.

## Mission

The Aging & Adult Services Agency provides statewide leadership, direction, and resources to support Michigan's aging, adult services, and disability networks, with the aim of helping residents thrive in the community setting they call home, and live with dignity, meaning, purpose, and independence.

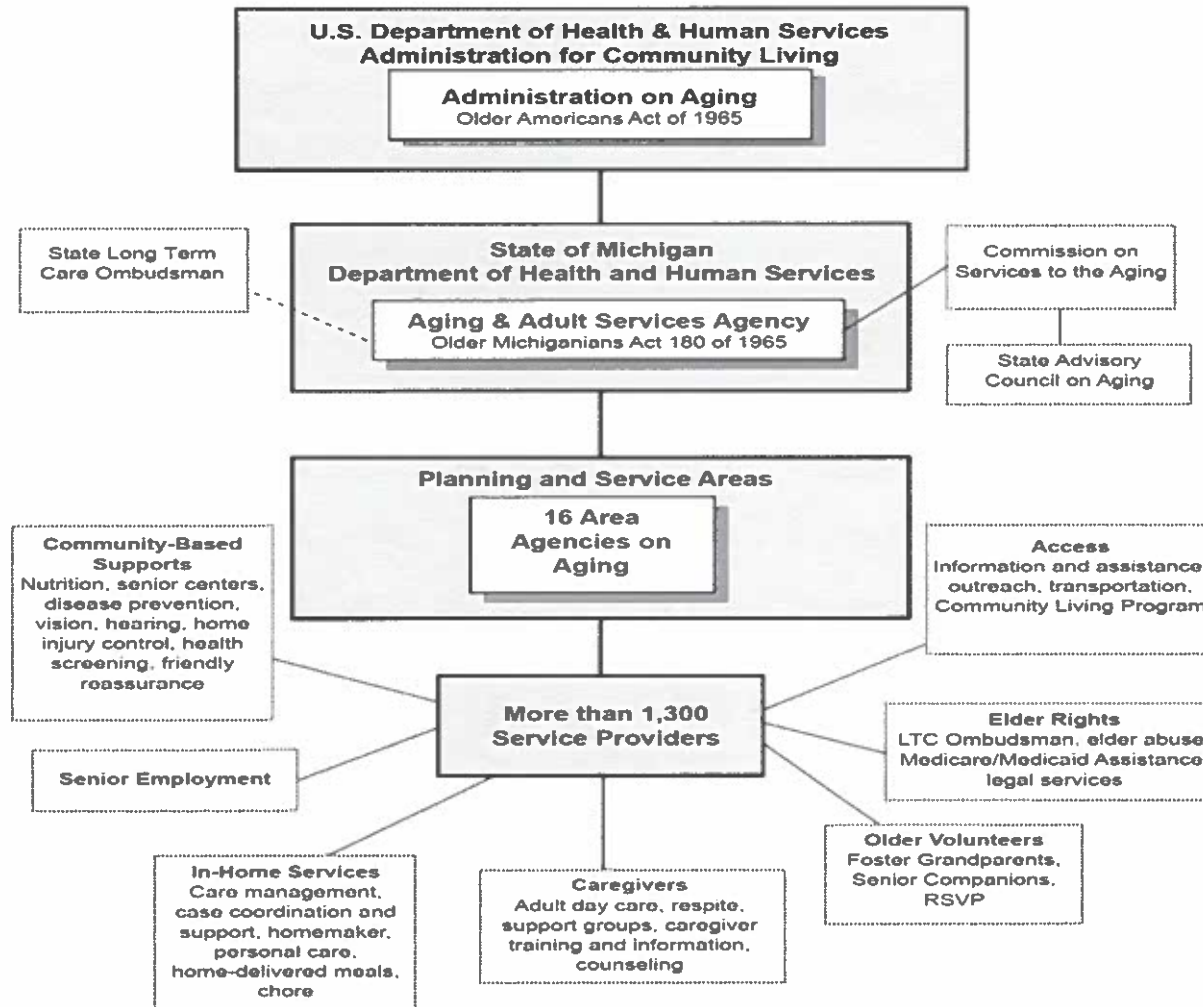
## Programs and Services

- Nutrition (home-delivered meals and congregate meals), in-home, caregiver and community services, and senior volunteer programs, etc.

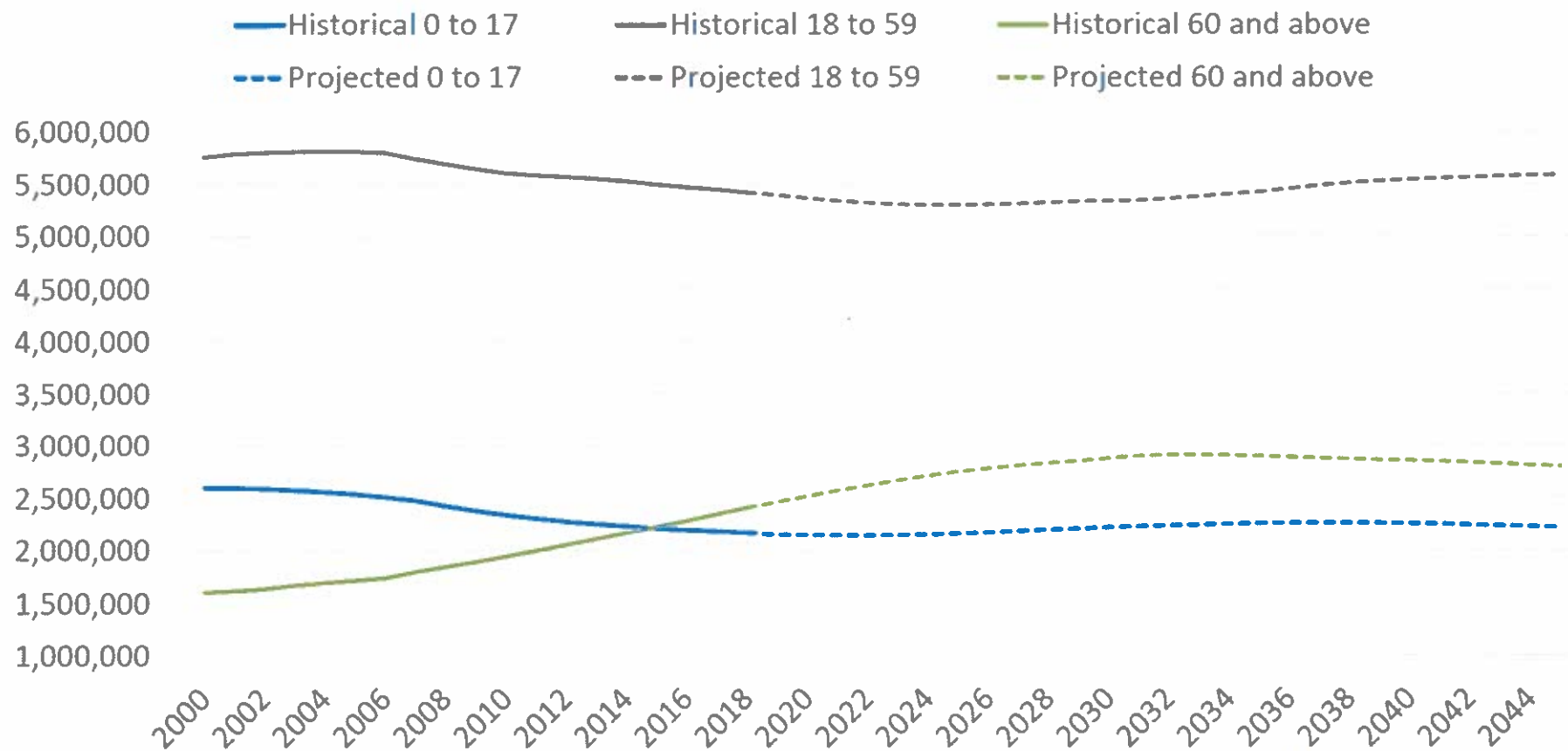
## Goals (as outlined in federally-approved State Plan on Aging)

- Expand the reach of information and awareness of aging network services.
- Prioritize resources to promote social interaction and connectedness, including expanding access to technology and transportation.
- Increase the number of well-trained, qualified, and supportive multicultural direct care workers.
- Leverage programs, services, and resources to ensure older adults have the opportunity to make their own decisions and enable them to age in place.

# Michigan's Aging Network

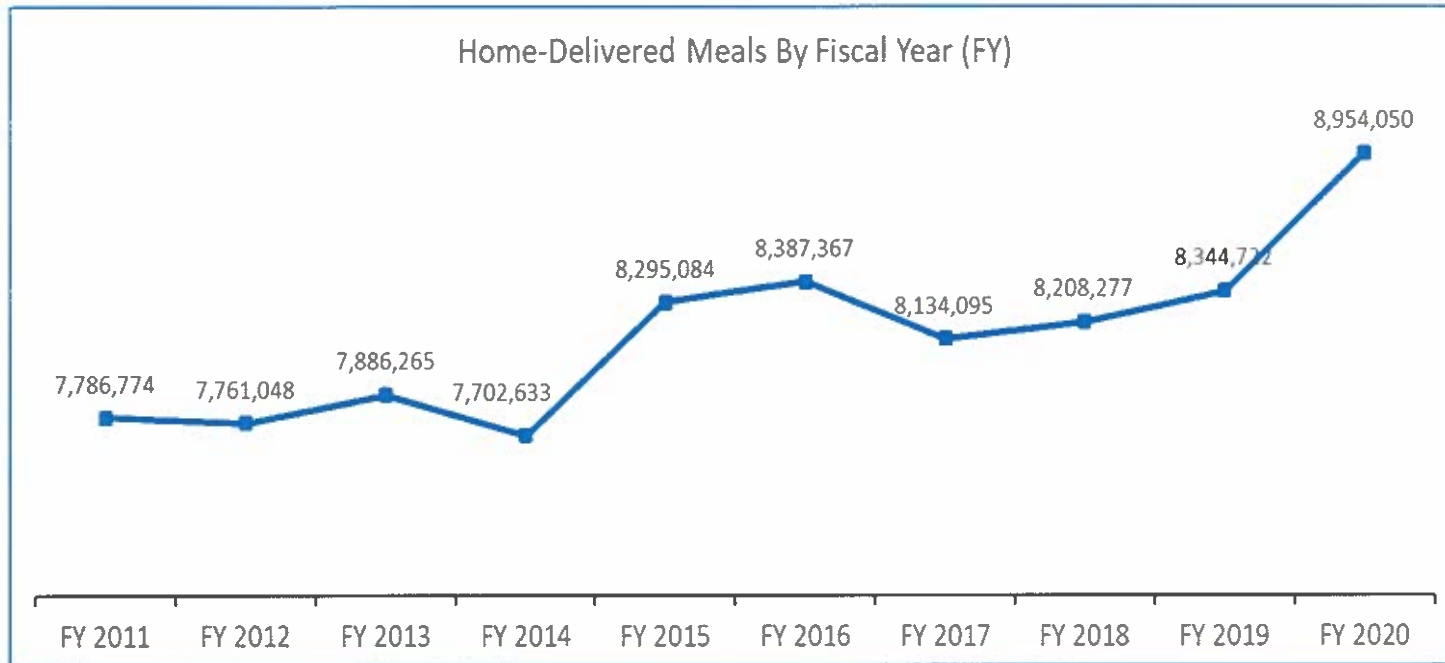


# Michigan Population by Age Grouping



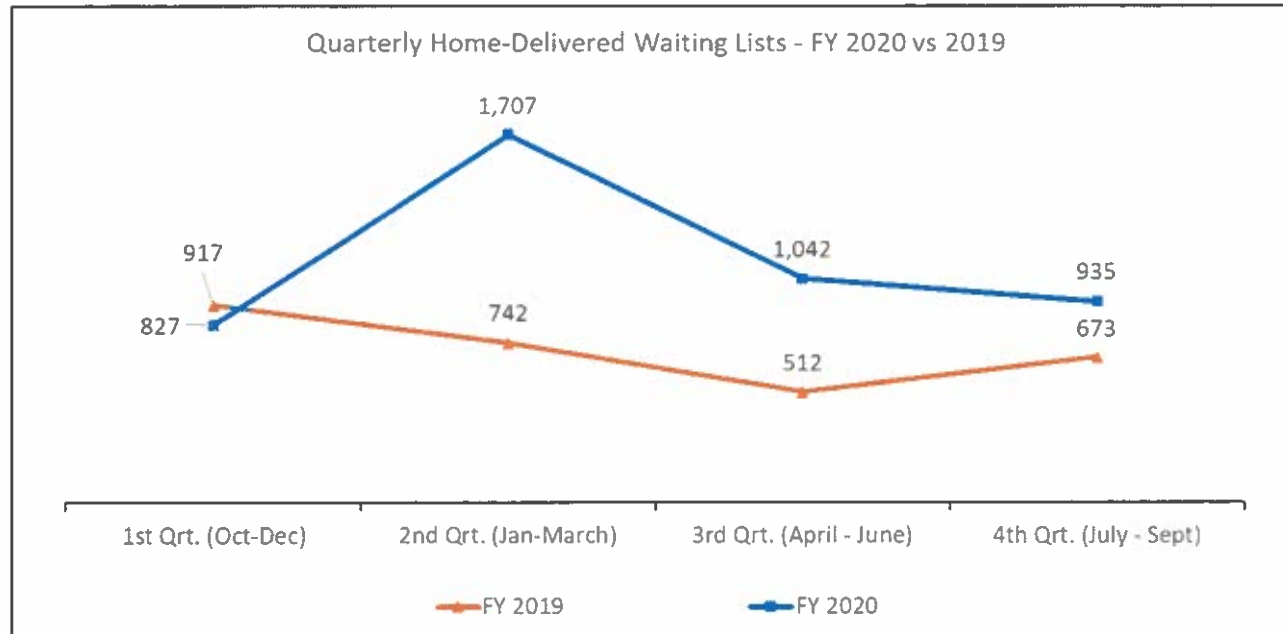
Source: U.S. Census Bureau, Population Estimates Program; MI DTMB, Labor Market Information & Strategic Initiatives, 2045 Population Projections

# Nutrition services: Home-delivered meals

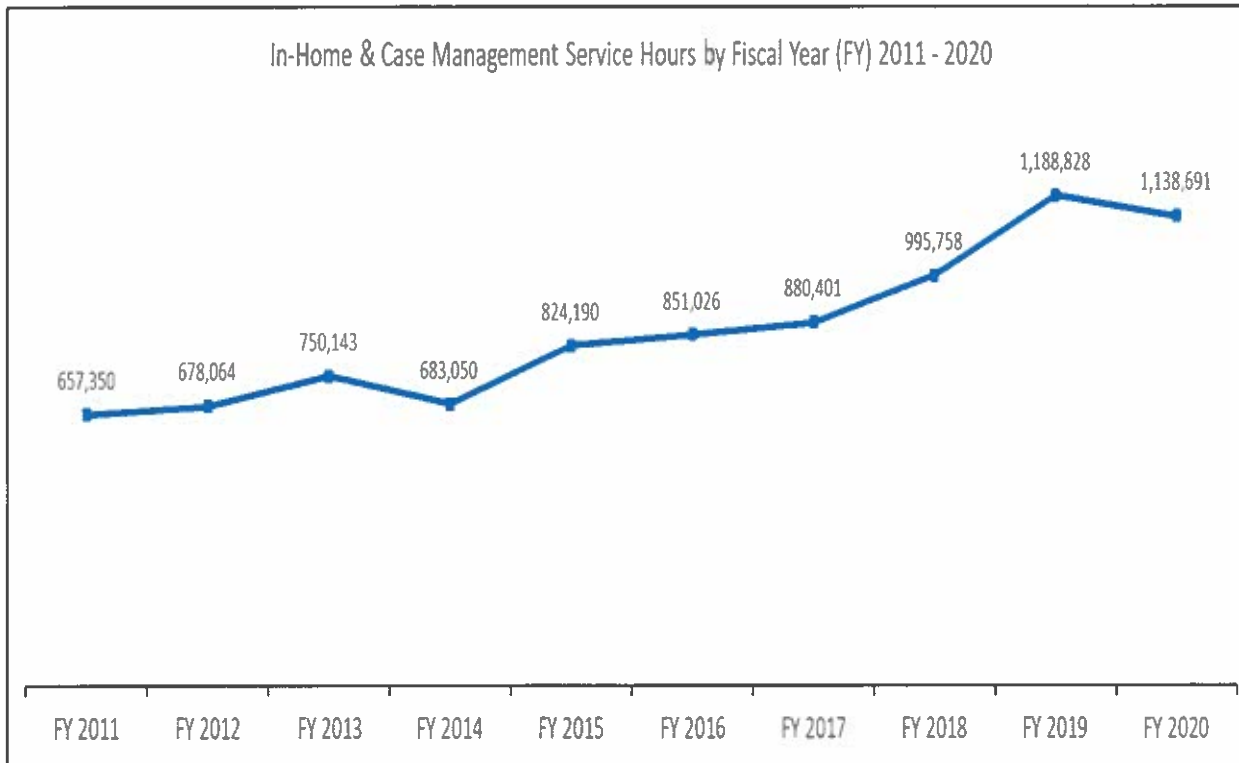


- 8,954,050 home-delivered meals
- 119,252 home-delivered respite meals
- 39,570 congregate meals

# Nutrition services: Waiting list

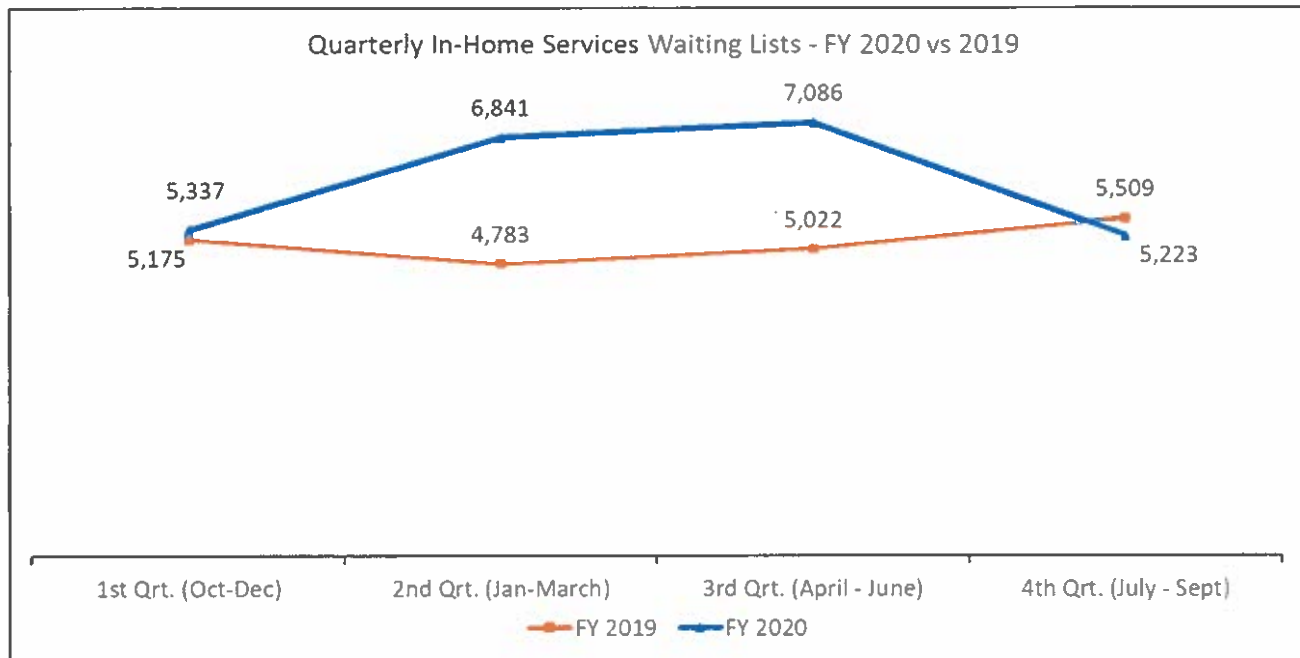


# In-home services: Service hours 10-year trend



- 1,138,691 hours of services
- 54.5 % rural
- 11.7% Black, Indigenous & People of Color
- 57.1% live alone
- 78.2% have 3+ activities of daily living limitations

# In-home services: Waiting list





# Caregiver programs

- 1 in 5 Michiganders is a caregiver
- Supported 5,233 caregivers by providing 612,645 hours of adult day care, respite care, counseling services, training, and supplemental care.
- Formed a Direct Care Worker Advisory Committee to MDHHS.





# Diversity, Equity, and Inclusion

- Approach all work through an equity lens and look for ways to ensure our programs address social determinants of health.
- Area agencies on aging area plans must assess and describe how it is currently addressing accessibility for to Michigan's communities and people of color, persons with disabilities, recent immigrants and LGBTQ+ individuals, and complete the objective(s), strategies and activities that are indicated for quality improvement in this area.
- CDC's Social Vulnerability Index & Intrastate Funding Formula in resource distribution

# Aging & Adult Services COVID response

- Quarantine Box project
- USDA Farmers to Families Food Box Program
- GetSetUp - [getsetup.io/michigan](https://getsetup.io/michigan)
- CV19 CheckUp - [michigan.cv19checkup.org](https://michigan.cv19checkup.org)
- Faith-based technology grants
- Expand “friendly reassurance” services
- Advertising campaign to raise awareness of services/ensure access to services
  - English and Spanish
- Essential Care Box project
- Animatronic pet project
- State Long Term Care Ombudsman calls



**MDHHS**

## Stay safe, seniors. Help is close by.

- Home-delivered meals
- Friendly check-ins
- Care management
- Support for caregivers

Feeling alone during the COVID-19 epidemic? You're not. Your local Area Agency on Aging is here to help. Let us connect you with resources that can give you peace of mind during this time. Whether you are an isolated senior or a concerned family member, see all the services we provide.

**MICHIGAN.GOV/AASA**

**COVID-19 MDHHS HOTLINE**  
888-535-6136  
MONDAY-SUNDAY, 8 A.M. – 5 P.M.

# GetSetUp

- 50,000+ users from all 83 counties
- Getsetup.io/michigan or 1-888-559-1614
- Funded by the Michigan Health Endowment Fund
- Offering live interactive classes
- 10 hours a day - users can always join a class
- GetSetUp is hiring older adults as Guides (teachers) across multiple disciplines

*"The instructors on GetSetUp are just terrific. They don't make you feel you should know it and they take time and ask learners questions."*

*- Shirley M. - Detroit*

The screenshot displays the GetSetUp website interface. At the top, the GetSetUp logo is on the left, and navigation links for 'Classes', 'Schedule', and 'More' are in the center. On the right, there is a phone number '1-888-559-1614' and a user profile 'Michelle'. Below the navigation, the main heading is 'Virtual Classes for Michigan's Older Adults'. A promotional message states: 'Use coupon code MICHIGANHEALTH to waive any fees associated with small group classes. Take "New Member Orientation" to get started! If you need help, email help@getsetup.io or call 1-888-559-1614'. The Michigan Department of Health & Human Services (MDHHS) logo is on the right, with the text 'AGING & ADULT SERVICES AGENCY'. A horizontal menu lists categories: 'All Categories', 'Aging in Place', 'Communication', 'Creativity', 'Financial Planning', 'Health and Wellness', and 'Hiring and Job'. Below this is a 'Full Class Roster' section with tabs for 'New Classes', 'Classes This Week', 'Coming Soon', and 'Series'. The main content area features a grid of class cards. Each card includes a thumbnail image, a title, a time slot, a price (mostly 'FREE'), and a 'Register Now' button. The classes shown are: 'Connect With Friends & Family This Holiday Season' (09:00 AM, 17 Dec, FREE), 'Schedule & Host a Zoom Session this Holiday Season' (09:00 AM, 15 Dec, FREE), 'New Member Orientation' (11:00 AM, 15 Dec, FREE), 'Get Started with Zoom This Holiday Season' (09:00 AM, 18 Dec, FREE), 'iCloud Photos Basics' (07:00 AM, 14 Dec, \$4.99), and 'Understanding and Using Apple iCloud' (04:00 PM, 23 Dec, FREE).

# CV19 CheckUp

1 in 2 Michiganders 75+ at High Risk of Getting COVID-19

**COVID-19 is spreading rapidly and it will be several months before most people aged 75 and older are vaccinated.**

**728,000**

Michigan population aged 75 and older

All are at serious risk of bad outcomes (hospitalization or death) if they get COVID-19.



**1 in 2**

More than 1 in 2 are at high risk of getting COVID-19 because:

- 53% underestimate their risk of hospitalization
- 58% engage in unsafe behaviors

**Act now to help save thousands of lives!**

- Make sure that everyone you know takes steps to avoid getting infected before they are vaccinated.
- Go to <https://michigan.cv19checkup.org/> for a free, confidential report on your COVID-related risks and how to reduce them.

These statistics are based on responses from 1,282 people aged 75 or older who completed the CV19 CheckUp online survey between Oct. 21 and Dec. 17, 2020. Copyright 2021 by BellAge, Inc.



- Free, anonymous online tool
- 5-10 minutes
- Find out how likely you are to get or spread COVID-19, how severe it might be if you get sick, steps to reduce your risks, and ways to have your needs met during the pandemic.
- Provides you with a personalized report, including information on how to connect with resources such as your area agency on aging.
- [Michigan.cv19checkup.org](https://michigan.cv19checkup.org)

For more information:  
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