

Submitted by
Anne Guyer



**Eat Healthy. Get Active.
Make A Difference!**

Fuel Up to Play 60, the in-school nutrition and physical activity program launched by National Dairy Council, local Dairy Councils and the National Football League, in collaboration with United States Department of Agriculture (USDA), is helping to make wellness part of the game plan in more than 70,000 schools across the country.

This year's program includes:

- Funding opportunities (up to \$4,000 per school!)
- An easy-to-follow online Game Plan with the "Six Steps to **Fuel Up to Play 60**"
- Playbook with more than 60 Healthy Eating and Physical Activity strategies
- Student Ambassador program and fun Youth Challenges to get students involved
- A chance to earn recognition and NFL rewards

Go to FuelUpToPlay60.com to join.
Make a difference for the students at your school!





**HOWELL PUBLIC SCHOOLS
THREE FIRES MIDDLE SCHOOL**
4125 Crooked Lake Rd. • Howell, MI • 48843

Advisors: Deborah Miller and Sue Stanley
millerd@howellschools.com
stanleys@howellschools.com
517.548.6387

KICK OFF EVENT

A kick-off assembly with the STAND Strength Team was provided for all students and staff. During the assembly, students were chosen from the audience to participate in captivating challenges, such as tearing a phone book in half which represented tearing up negative choices. Mr. Michigan bodybuilder, "Ironman" Bryan Dorsey, told the students "YOU will be able to rip through anything that may come your way." They also learned if you eat the right foods and get plenty of exercise, you will stay focused so you can make good choices like respecting others, saying no to drugs, alcohol, and skipping school. Students also watched two classmates get hoisted into the air and spun around by a STAND Strength Team member on a "Dream Bar" which represented holding on to your dreams. They heard, "When you practice proper nutrition by eating a healthy breakfast in the morning, and staying focused on getting your best grades, you can hold onto your dreams. No one can spin you off your direction in life." Nearly every student thought about "their dream" and how being healthy could take them there.

The kick-off was supported with healthy eating and physical activity messages. For example, FUTP60 window decals and banners were placed throughout the building in prominent places and a "GOT MILK" bulletin board was created with staff and student pictures wearing milk mustaches. In addition, staff motivated students by wearing their FUTP60 t-shirts on Fridays, having drawings during homeroom (from collected FUTP60 logs) for prizes from the "prize locker", having motivational messages read over the PA and by teachers allowing students to access the FUTP60 Website during class.

HEALTHY EATING PLAY

Let's Do Lunch: Know Your Fuel

Nutrition was tackled with a program called "Let's Do Lunch: Know Your Fuel" where fruit, veggies and milk were featured over a three week period. Student teams created displays that highlighted a fruit or vegetable each day during lunch. If students selected the highlighted item from the school lunch menu or brought it from home and ate it at the display table, they earned a ticket. Students could also earn a ticket each day if they drank milk. Tickets were entered into a drawing for prizes at the end of each week.

PHYSICAL ACTIVITY PLAYS

We Want You to FUTP60 With Us

Physical activity was encouraged at recess with a punch card program called "We Want You to FUTP60 With Us." Each time a student was active during recess for 15 minutes, their card was punched. Prizes were awarded based on the number of punches received.

- Tae Kwon Do was incorporated into the 6th grade Life Skills and PE Classes.
- HOPSports Training System was used in a variety of classrooms and settings to keep our kids moving!

Building Student Leadership

FUTP60 team members visited the Howell Nature Center and participated in a low ropes course and zip-line where trust, leadership and physical activity were the core outcomes.

- FUTP60 Leadership Team participated in a local 5K Run/Walk wearing FUTP60 t-shirts.



**HOWELL PUBLIC SCHOOLS
HIGHLANDER WAY MIDDLE SCHOOL**

511 N. Highlander Way • Howell, MI • 48843

Advisors: Leah Brinker and Amy Kilgren
brinkerl@howellschools.com
517.548.6252

KICK OFF EVENT

We provided a school-wide assembly featuring the STAND Strength Team. They taught our students and staff about being physically active and making the right food choices. The team believes that if young people make the right choices, they can impact and change the WORLD for the greater good! Contact information: www.standstrengthteam.org; (248) 884-3949. Our school also implemented the following initiatives to kick-off our FUTP60 program:

- Various showcases throughout our school (both upstairs and downstairs)
- Food Service employees and administration wore FUTP60 T-shirts
- Announcements on our closed-circuit student news show
- Themed-music attached to our announcements ("We are the Champions" by Queen)
- Homeroom and Lunch announcements
- HOPSports usage for class lessons and afterschool sign up
- Wrote directions in the school's computer labs to log in to the FUTP60 Website after completing their assignments
- Our school's technology teachers used the FUTP60 Website in their classes once a week

HEALTHY EATING PLAY

Fuel of the Week

Announcements would tell students which food item was the focus of the week. The students who brought or purchased the food at school would visit our FUTP60 table and team members gave the student a raffle ticket after they took a bite or peeled the skin from the food product. Every Friday, we read the winning ticket numbers from each grade level over the school PA system. The students would stop by our classrooms with the ticket and receive a prize.

PHYSICAL ACTIVITY PLAY

Rally at Recess

Our school has lunch time recess for ten minutes. We purchased new physical activity equipment and a large Rubbermaid bin to place the equipment in. Our team leaders took the bin outside everyday for the students to check out and use the equipment. At the end of the recess time, students returned the equipment and received a punch on their business card size "punch card."

- We purchased a unique punch so that students could not replicate the punch on their own.
- When students filled in the punch card, they turned it in for a prize. We had certain allotted number of punches for each type of prize ranging from a pen, to a Frisbee, to time out of class to use the HOPSports system.



LAMPHERE SCHOOLS
JOHN PAGE MIDDLE SCHOOL
29615 Tawas • Madison Heights, MI • 48071

Advisors: Katie McConkie and Jill Messing
mcconkie@lamphere.k12.mi.us
248.589.1990

KICK OFF EVENT

Our school kicked-off their FUTP60 program to all students at three separate grade-level assemblies early last fall. Program advisors, Jill Messing, teacher, and Katie McConkie, food service supervisor, began the program with a brief introduction of the school wellness initiative. The student team put together a fun skit on the importance of eating healthy and being physically active. Laughs were shared by all, but the message got through to all – John Page was implementing strategies to become a healthier school. The assembly concluded with a spirited FUTP60 video that urged all students to get involved. Afterwards, students went to lunch where they signed a pledge board. Thus began our FUTP60 program!

The student-led team met regularly, at least twice, every month planning challenges and choosing healthy eating and physical activity plays. In addition, they wrote a “Healthy Tip of the Day” which was read each morning over the announcements.

HEALTHY EATING PLAY

Drink Milk and Recycle

After completing their School Wellness Investigation, the student team decided to focus on increasing milk consumption as their FUTP60 healthy eating play. Since the school had switched to offering 8 ounce milk in plastic bottles, the team wanted to expand upon that success. They launched the following “game plans”:

- Using FUTP60 resources, tools, rewards and incentives, the team put their heads together and designed a milk drinking contest. Students from respective 6th, 7th, and 8th grade levels deposited milk bottle twist caps into grade labeled “bone banks”. At the end of each day, the FUTP60 team counted all the caps and posted the amounts on a contest spreadsheet. For the contest period, 6th graders banked the most caps and drank the most milk for bone health.
- The team held a flavored milk taste testing where they determined the favorite milk flavor of John Page Middle School students. They encouraged kids to drink all of their milk and recycle the empty bottles into UDIM provided recycle bins. Colorful posters were created to promote healthy eating and recycling.

PHYSICAL ACTIVITY PLAY

Walk It! Club

Wanting to create more opportunities for providing at least 60 minutes of physical activity every day, the FUTP60 team encouraged their classmates to “get up and play” to become more active. They promoted the following:

- The student team worked together to get kids to move more by implementing a walking club. They spread the word through announcements, word of mouth and posters. The team used FUTP60 funds to purchase pedometers. In the upcoming school year, they plan to hold a walking contest and award prizes to students who log the most steps.
- An organized school-wide physical activity event was planned with the PE teacher. Students competed in various stations that challenged their fitness levels.



**OKEMOS PUBLIC SCHOOLS
CHIPPEWA MIDDLE SCHOOL**

4000 N. Okemos Road • Okemos, MI • 48864

Advisors: Kathy Harbert and Jamie Ianni

jamie.ianni@okemosschools.net

kathy.harbert@okemosschools.net

517.706.4800

KICK OFF EVENT

Chippewa Middle School started the year off in early October with a lunch kick-off. Our school was a 6-7-8 building with three lunches, so our FUTP60 student representatives from each grade level spoke to their peers during their lunch hour. We played music and created a lively environment for the students as they learned about the FUTP60 Website and how to access and create an account for the program.

As a reward, a FUTP60 raffle box was placed in the cafeteria and students were entered into a drawing after they registered as a user on the FUTP60 Website. From there, we hosted weekly "update" drawings if students were logging onto the Website and updated their profiles. Some examples of prizes that we gave away included, Detroit Lion's football game tickets, Target gift cards, Dick's Sporting Goods gift cards, FUTP60 locker prizes and an MP3 player.

HEALTHY EATING PLAY

Taste Testing

During the winter months, we had taste testing during several of our lunches. At that time, we also had our students fill out survey forms to see if the healthier choices were something they would like to see offered for lunch. Our grant funds helped purchase the foods that were being sampled. Our FUTP60 student representatives helped with this initiative.

PHYSICAL ACTIVITY PLAYS

Walking and Running Club

We also created a walking/running club that encouraged our before school activity program. We purchased pedometers that the students checked out to help monitor their activity. From the beginning of the program to the end, we saw a huge increase in the numbers of students participating each day!

Basketball Challenge

We had a staff/student basketball game where our student with the most points received a Great Wolf Lodge weekend gift card and our remaining top 7 point scorers received a Dick's Sporting Goods gift card. The incentives really do motivate the students and get them excited about being physically active.

All of these ideas were initiated and implemented by our students. We believe there was a great improvement in our students' activity and food choices because of their own commitment to this program.



**GRAND RAPIDS PUBLIC SCHOOLS
GERALD R. FORD MIDDLE SCHOOL**

851 Madison SE • Grand Rapids, MI • 49507

Advisor: Ann Lepech RN

lepecha@grps.k12.mi.us

616.819.2640

KICK OFF EVENT

In October, we kicked off our health initiatives with a celebration of FUTP60 goals! Our student health leadership team encouraged students to write an essay about "What it means to live healthy". Students were entered into a drawing for Detroit Lion's football tickets or paraphernalia. Smoothies were made during lunches and students took part in a physical activity challenge.

HEALTHY EATING PLAYS

Get Students to Make Healthy Lunch Choices!!

The menu now includes these sampled foods as choices:

- We sampled different fruits or veggies that corresponded to color! We had green day...red day...orange day!
- Ranch dressing was cupped into portioned containers to reduce the portion size and save 100's of calories for many students.
- Celebrated salad month in March. Students discovered edamame, black bean, tabouleh, and bean & barley really do taste good.

Get More Students to Eat Breakfast!

Students were entered into a drawing every time they ate breakfast. A weekly drawing was held the last 3 weeks of school when breakfast participation is really low. Prizes included a leather basketball, iPod and Wii.

PHYSICAL ACTIVITY PLAY

Provide More Opportunities for Students to Move!

Not everyone takes gym, so teacher resources were purchased to have movement breaks during class time. In addition, we held a physical activity assembly and taught students that exercise is just play!

- Evening exercise classes were offered to families—what a great time when we had 3 year olds and 80 year olds joining students in movement!



FREELAND COMMUNITY SCHOOL DISTRICT FREELAND MIDDLE SCHOOL

8250 Webster Rd. • Freeland, MI • 48623

Advisors: Nicole Gotts and Kevin Townsend

gottsn@freeland.k12.mi.us

townesenk@freeland.k12.mi.us

989.692.4032

KICK OFF EVENT

Freeland Middle School started the year off in early October with a kick-off assembly. The wellness team incorporated student vs. staff physical challenges along with a nutritional facts trivia game and a blind-folded healthy taste testing challenge. From there, numerous small daily activities took place year round to help encourage and educate the entire student body about the FUTP60 Website. Students were rewarded fruit (apples, banana, oranges) if they logged onto the site in the morning and afternoon. They also had a raffle drawing for those who logged on before or after school. Students were given a ticket where they could win some of the "locker prizes".

HEALTHY EATING PLAYS

Got Nutrition?

We had the opportunity to teach about FUTP60 in all of our health classes.

Additional activities that were easy to organize:

- If a student was caught eating healthy at lunch, they received a ticket that was placed in a raffle for the "locker prizes".
- Fruit was handed out as a "*Snack on the Go*" to students at the end of the day when they were heading home.
- The FUTP60 wellness club members also made a bulletin board to keep the students informed.

Activities that took more time to organize:

- Middle School students were able to get their picture taken with the "got milk" sign and then received a free healthy breakfast, milk and a "got milk" t-shirt.
- A "taste test" of tropical, exotic food during lunch was offered to students. Students were educated on the nutritional benefits and then they ranked their favorite food. Pomegranate won.

PHYSICAL ACTIVITY PLAYS

Let's Go Outside!

Lunch is always inside, so the students got approval from numerous administration members to have lunch *outside* every Friday.

Students were then able to use the school grounds to play football, hula hoop, bocce ball, Frisbee and volleyball. Funds from the grant were used to purchase items that supported this initiative.

Additional activities that were easy to organize:

- During the winter and spring months, students had a "*Speed Stacking*" tournament. Winners were rewarded trophies.
- The gym was opened for 30 minutes in the morning during the winter season. Items were purchase from the grant to encourage a variety of physical activities.

Additional activities that took more time to organize:

- Students participated in a "Make Your Own Personal Hula Hoop" workshop where they learned the benefits of hula hooping and what muscles are exercised. They then were able to make a hula hoop that fit their height and either had it donated back to the school or took it home.
- Students organized a "Free Freeland School Roller Skating Night."



OXFORD COMMUNITY SCHOOLS OXFORD MIDDLE SCHOOL

1420 E. Lakeville Rd. • Oxford, MI • 48371

Advisors: Dacia Beazley and Karen Bissett

Dacia.beazley@oxfordschools.org

Karen.bissett@oxfordschools.org

248.969.1800

KICK OFF EVENT

The crowd cheered as the Wildcat mascot entered the gym for the FUTP60 kick-off pep rally at Oxford Middle School. The student FUTP60 team aptly represented the 1000+ student body while challenging faculty members in feats of physical activity. Fun was had by all as the team introduced their healthy eating and physical activity plays for the school year. Prior to the kick-off, students interested in being on the FUTP60 team submitted their names and reasons for wanting to serve into an entry box during lunch hour. The newly formed team met regularly during Advisory Class time and enthusiastically designed plans for improving wellness at Oxford Middle School.

HEALTHY EATING PLAY

Let's Do Lunch and Breakfast

The student team decided to work on getting more of their classmates to fuel up with nutrient-rich foods during lunch. They worked with Food Service Director, Karen Bissett to feature and promote consumption of existing school lunch and breakfast menu items that belong to the Food Groups to Encourage.

- Using FUTP60 resources, the team devised plans to motivate their peers to take part in the "Fruit & Vegetable of the Week" sampling during lunch. Their goal was to get their classmates to switch once a week from French fries to a more nutritious choice.
- The team worked with foodservice staff to expand the breakfast menu and include a bagged breakfast containing options such as yogurt, string cheese, fresh fruit and low-fat milk. This was available as a quick choice in the cafeteria and resulted in double the participation.

PHYSICAL ACTIVITY PLAY

In-Class Activity Breaks

Charged with the task of getting their classmates physically active in a fun way while taking an active role in improving their personal health and school environment, the Oxford Middle School FUTP 60 team cleverly created the following:

- **TEXT** Time, an original program and sole brainstorm of the team, stands for **T**alking and **EX**ercising while listening to **T**unes. Once a week during Advisory Class time, all students, by grade level, walk the track in the gym for half an hour. Since students are not required to take a physical education class, this program provides all students with a weekly opportunity for physical activity. Students can talk with their friends and listen to music they've selected while walking or choosing from various activities in the center of the gym, such as badminton.



FARMINGTON PUBLIC SCHOOLS POWER UPPER ELEMENTARY SCHOOL

34740 Rhonswood • Farmington Hills, MI • 48335

Advisors: Bob Kovar, Mary Rodriguez-Keuhn and Ryan Baker

Bob.kovar@farmington.k12.mi.us

Mary.rodriquez@farmington.k12.mi.us

Ryan.baker@farmington.k12.mi.us

248.489.3622

KICK OFF EVENT

The sky was a bit overcast, but it did not dampen the spirits of our middle school students as they kicked-off their FUTP60 initiatives for the school year. To start, the team sponsored a school-wide outdoor fun run/walk. As the loud speaker blasted tunes with a peppy beat, kids, teachers, parents and even the principal got moving. After logging many laps, participants gathered in the bleachers and enjoyed a healthy snack while learning more about the FUTP60 wellness program.

- The student FUTP60 team met regularly throughout the school year under the guidance of P.E. Teacher, Ryan Baker and Health Ed Teachers, Jen Eckerman and Megan White. They had a number of great ideas and were anxious to put them into action.
- A major goal was to get the kids at Power to move more, but they also wanted them to make better food choices.

HEALTHY EATING PLAYS

Media Mania

Recognizing that much of students' nutrition knowledge comes from television commercials, and may be suspect, the team decided to use media to create positive change by appearing on the principal's weekly in-house broadcast. As featured guests, using FUTP60 resources, they shared ideas promoting nutrient-rich choices on how to make Power a healthier place for all.

Taste and Vote: Try It, You'll Like It!

The Power FUTP60 team found a way to keep pizza; the most served and loved entrée, on the menu. They organized a school-wide taste test to sample a variety of pizzas, opting for whole grain crust, a lower sodium sauce, and a lower fat cheese topping. To their delight, they found a nutritionally superior tasty pizza that appealed to the majority of Power students. As a result of the taste test, the new pizza is now being offered throughout the district.

- Working with the school foodservice staff, teachers and the principal, the Power's FUTP60 student team actively engaged their classmates to get them to focus on getting more nutrients in the foods they eat.

PHYSICAL ACTIVITY PLAY

Out-of-School Activity Push

Wanting to provide additional opportunities for kids to be more active, the FUTP60 team, with the help of their P.E. teachers, put the following into operation:

- A before school morning open gym time is available to all students on Tuesdays and Thursdays. It's proven to be a great way to get the blood pumping, starting the school day ready for learning!
- A FUTP60 team sponsored field/fun activity day was held in the spring bringing everyone together to play and celebrate their quest for better health.

2008-2010



BREAKFAST CHALLENGE



Congratulations To All Winners!

**Michigan School Breakfast Challenge
Results: Nearly 12 million more
breakfasts served to Michigan students.**

Research confirms that eating breakfast...

- FOSTERS** attentiveness and achievement
- IMPROVES** children's ability to learn
- REDUCES** behavioral problems
- ENHANCES** children's diets
- HELPS** reduce obesity



**The competition may be over,
but the challenge continues...**


**Encourage your students to eat breakfast,
not just on test days, but every day!**



UDIM

UNITED DAIRY INDUSTRY OF MICHIGAN

**What
is the**



BREAKFAST CHALLENGE?

In May 2008, State Superintendent Mike Flanagan issued a two year challenge to district superintendents to increase school breakfast participation 50% district-wide by May 2010. The results are in: 205 school districts met the Challenge! Congratulations to all the schools that participated and thanks for your hard work!

HOW DID THEY DO IT?

Many schools began rescuing breakfast skippers by expanding breakfast service beyond the cafeteria: "Breakfast in the Classroom", "Grab-n-Go Breakfast" from mobile carts, or "Breakfast after First Period." Participation soars and everyone wins, including students, teachers and parents! According to the Michigan Department of Education Pupil Accounting Manual, school districts may provide breakfast to students during the first class period and count this time toward the minimum instructional hour requirement if students and a certified teacher are present and engaged in instruction.

Success Stories From 2008-2010 Breakfast Challenge Champions

Belding Area Schools

"Routine is a good thing when it comes to breakfast; kids come to school expecting breakfast, and they understand the importance of it," says John Klapko, Belding Area Schools Food Service Director. In response to the School Breakfast Challenge, Belding Area Schools started providing Universal Free Breakfast in the classroom in November 2008. "I try to keep the menu as fresh as possible, by evaluating and rotating the food we serve at least once every three months," states Klapko, "listening to the kids is essential!"

Klapko reports that within the district, Universal Free Breakfast in the classroom has shown advancements across the board; teachers state they have noticed remarkable improvements in student behavior and academic achievement, students say they can focus better, and Klapko has noticed financial advantages.

How has Belding been able to sustain such fantastic breakfast participation? Everyone in the community speaks positively about the program! The kids love it; the teachers encourage it; and the parents appreciate it!

AT A GLANCE:

Total District Enrollment: 2222
2008 Total ADP*: 382
2010 Total ADP*: 1290
District Increase in ADP: 237%

Lincoln Park Public Schools

"It's hard to ignore a competition, especially one that benefits kids," remarked Lincoln Park Food Service Director, Mark Rodriguez.

Winning the first year by switching half of elementary schools to Universal Free and bringing breakfast to the classroom, Lincoln Park Public Schools wanted to do even better for year two of the Challenge. Principals shared breakfast success with their peers convincing them to convert their meal service method, doubling the number of schools that offered "Breakfast in the Classroom."

Lafayette Principal, Craig Stanczyk, at first had his doubts about kids eating in the classroom. Now, however, he is a school breakfast champion exclaiming, "Providing children breakfast during morning class time is not distracting or messy. It actually helps students get ready and focused for a day of learning."

AT A GLANCE:

Total District Enrollment: 4502
2008 Total ADP*: 632
2010 Total ADP*: 1766
District Increase in ADP: 180%

"The Universal Breakfast Program has been a nutritious jumpstart for many of our students who otherwise would begin their days on empty," stated Interim Assistant Superintendent Cheryl Irving. "The ability to serve ALL students breakfast has helped provide the fuel to energize our students for academic success."

***ADP: Average Daily Participation**

Success Stories From 2010 Gold and Silver Award Winners

Les Cheneaux Community Schools

"By implementing a Universal Breakfast Program we have successfully created an even playing field for all students to come to class with full bellies and ready to learn. As a teacher, I no longer have to scan the room in the morning to identify

those that look as if they didn't eat and then try to assist them in quickly getting breakfast before literacy block begins."

--Mrs. Smith, fourth grade teacher

AT A GLANCE:

Total District Enrollment: 315
2009 Total ADP*: 65
2010 Total ADP*: 122
District Increase in ADP: 89%

Reed City Area Public Schools

"I no longer have children who are sluggish in the morning and say they are hungry; with breakfast, the students are ready to learn. It's made a huge difference in my classroom and in the quality of learning that is taking place because the children have had the chance to eat breakfast each and every morning. I can't speak highly enough about our breakfast program and the benefits for our children!" -- Sally Momany, second grade teacher

AT A GLANCE:

Total District Enrollment: 1596
2009 Total ADP*: 262
2010 Total ADP*: 866
District Increase in ADP: 231%

Clintondale Community Schools

Clintondale Community Schools realizes the importance of gathering input from the students and staff to develop customized breakfast service options for each school.

Moving breakfast to the classroom provides many benefits for Clintondale Community

School elementary children, including the opportunity to start their day on a healthy note. According to Karen Hessler, principal at Parker Elementary, "Punctuality has improved because students can hardly wait to see what is waiting for them in the breakfast bag!"

Making breakfast more accessible at the high school, cafeteria workers now offer morning nutrition from a "Grab-n-Go Breakfast" cart catching students as they enter the building. Director of Dining Services, Debbie Elzerman offers this advice, "Take the leap to try an innovative way to serve breakfast; you just might be surprised with the results."

AT A GLANCE:

Total District Enrollment: 4187
2009 Total ADP*: 526
2010 Total ADP*: 1045
District Increase in ADP: 99%

68,125 more students ate breakfast at school on a daily basis in the 2009-10 school year than in the 2007-08 school year.

Lapeer Community Schools

Lapeer Community Schools has worked diligently on getting more of their students to start their academic day right with a nutritious breakfast. Food

Service Director Scott Smith summarizes, "The bottom line is we are all here to help kids learn."

Now, most schools offer a Universal Free bagged breakfast delivered to classrooms and eaten during morning instructional time. Principal Michelle Bradford sums up that, "Breakfast served to the classroom not only provides students with the many benefits of eating a healthy breakfast such as fewer trips to the office for stomach aches or discipline, but it allows teachers to move to academic studies first thing in the morning." Heather Vance, elementary principal, adds, "The opportunity for all students

to be greeted with a warm smile from their teacher and a consistent breakfast each morning creates a positive and nurturing climate throughout the building."

AT A GLANCE:

Total District Enrollment: 6284
2009 Total ADP*: 1236
2010 Total ADP*: 2031
District Increase in ADP: 64%

2008-2010

Michigan  School
**BREAKFAST
CHALLENGE**

Honor Roll

Congratulations to these award recipients for encouraging their students to start their day with a well-balanced meal making them ready to learn. The following districts are serving at least 50% of their student population or have increased their breakfast participation by at least 50%:

- | | | | |
|---|---|--|---|
| Academy for Business and Technology | Dansville Schools | Lake City Area School District | Reach Charter Academy |
| Academy of Detroit-West | The Dearborn Academy | Lake Fenton Community Schools | Redford Union School District |
| Advanced Technology Academy | Dearborn Helghts School District #7 | Lake Orion Community Schools | Reed City Area Public Schools* |
| All Saints Academy Elementary | Decatur Public Schools | Lakeshore School District (Berrien) | Reese Public Schools |
| Allen Park Public Schools | Deckerville Community School District | Lakeville Community Schools | Riverside Academy |
| Alma Public Schools | Detroit Academy of Arts and Sciences | L'Anse Area Schools | Roscommon Area Public Schools |
| Almont Community Schools | Detroit Enterprise Academy* | L'Anse Creuse Public Schools | Saginaw Chippewa Academy |
| Arbor Academy | Detroit Merit Charter Academy | Lansing Public School District | Saginaw Preparatory Academy |
| Arenac Eastern School District* | Detroit Midtown Academy | Lapeer Community Schools* | Saline Area Schools |
| AuTrain-Onota Public Schools | Detroit Service Learning Academy | Les Cheneaux Community Schools** | School District of the City of Royal Oak* |
| Avondale School District | DeWitt Public Schools | Lincoln Park Public Schools*** | School District of Ypsilanti |
| Baldwin Community Schools | Discovery Arts and Technology PSA | Mackinaw City Public Schools | South Redford School District |
| Bangor Township Schools | Dryden Community Schools | Macomb ISD | St. Clair County Learning Academy |
| Baraga Area Schools | East Detroit Public Schools | Manton Consolidated Schools* | St. Francis de Sales School |
| Bay City School District | Eastern Washtenaw Multicultural Academy | Mar Lee School District | Standish-Sterling Community Schools |
| Bay County PSA | Ecorse Public School District | Marquette Area Public Schools | Sturgis Public Schools |
| Beaver Island Community School | Edison Public School Academy | Martin Luther King, Jr. Education Center Academy | Summerfield School District |
| Beaverton Rural Schools | El-Haji Malik El-Shabazz Academy | Martin Public Schools | Three Lakes Academy |
| Belding Area Schools*** | Elm River Township School District | Marysville Public Schools | Three Oaks Public School Academy |
| Ben Ross Public School Academy | Evart Public Schools | Mattawan Consolidated School | Threshold Academy |
| Bentley Community Schools | Fairview Area School District | Mayville Community School District | Tri County Area Schools |
| Bessemer Area School District | Farmington Public School District | Michigan Center School District | Utica Community Schools |
| Bishop Foley Catholic High School | Farwell Area Schools | Michigan Technical Academy** | Vanderbilt Area Schools |
| Black River Public School | Fitzgerald Public Schools | Millington Community Schools | Vassar Public Schools |
| Bradford Academy | Flagship Charter Academy | Montabella Community Schools | Victory Academy Charter School |
| Bridge Academy | Forest Park School District | Moran Township School District | Voyageur Academy |
| Brighton Area Schools | Fowlerville Community Schools | Morenci Area Schools | Waldron Area Schools** |
| Brown City Community Schools | Francis Reh PSA | Morey Public School Academy | Walkerville Public Schools |
| Buckley Community School District | Fraser Public Schools | Mt. Clemens Community School District | Walled Lake Consolidated Schools |
| Business Entrepreneurship, Science, Tech. Academy | Frontier International Academy | Mt. Morris Consolidated Schools | Waterford School District |
| Cadillac Area Public Schools | George Crockett Academy*** | New Beginnings Academy | Wayne-Westland Community School District |
| Camden-Frontier Schools | George Washington Carver Academy | Newaygo Public School District | Wells Township School District |
| Capac Community School District | Godwin Heights Public Schools | North Adams-Jerome Schools | West Bloomfield School District |
| Carrollton School District | Goodrich Area Schools | North Huron School District | West Branch-Rose City Area Schools |
| Carsonville-Port Sanilac School District | Grand Blanc Academy | North Saginaw Charter Academy | West MI Academy of Environmental Science |
| Center Academy | Grant Public School District | Novi Community School District | West Shore Lutheran School |
| Center Line Public Schools | Grass Lake Community Schools | Oakland International Academy | Westwood Community Schools |
| Central Academy | Grosse Pointe Public Schools | Ojibwe Charter School | Whitefish Township Schools |
| Cesar Chavez Academy | Hamilton Community Schools | Okemos Public Schools | Whittemore-Prescott Area Schools |
| Chandler Park Academy | Hanover-Horton Schools | Old Redford Academy** | William C. Abney Academy |
| Cheboygan Area Schools* | Harrison Community Schools | Orchard View Schools | Woodward Academy** |
| City of Harper Woods Schools | Hartland Consolidated Schools | Oscoda Area Schools | Wyandotte City School District |
| Clare-Gladwin Regional Education Service District | Hesperia Community Schools | Owosso Public Schools | Yale Public Schools |
| Clintondale Community Schools** | Holy Name School | Palo Community School District | |
| Clio Area School District | Holy Spirit Central School | Pansophia Academy | |
| Columbia School District | Houghton Lake Community Schools | Peck Community School District | |
| Conner Creek Academy East*** | Houghton-Portage Township Schools | Pennfield Schools | |
| Countryside Academy* | Imlay City Community Schools | Pierre Toussaint Academy | |
| Covert Public Schools | Inland Lakes Schools | Pittsford Area Schools | |
| Crescent Academy | International Academy of Saginaw | Plymouth-Canton Community Schools | |
| Crestwood School District | Ionia Public Schools | Pontiac City School District | |
| Crossroads Charter Academy | Jenison Public Schools | Portland Public School District | |
| Croswell-Lexington Community Schools | Johannesburg-Lewiston Area Schools | Powell Township Schools | |
| | Kelloggsville Public Schools | Public Schools of Calumet | |
| | Kent City Community Schools | | |

*** Breakfast Challenge Champions
** Gold Award
* Silver Award