



CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC

5 YEARS OF CERTIFIED COMMUNITY
BEHAVIORAL HEALTH CLINICS IN MICHIGAN

Trish Cortes, RN MS, CEO Washtenaw CMH
Lisa A. Williams, PhD, CEO West Michigan CMH

CCBHCS ARE TRANSFORMING BEHAVIORAL HEALTH CARE IN OUR COMMUNITIES

- Expands the **depth and breadth of the public behavioral health system** and its provider network to serve children and adults with mental illness and substance disorder
 - Serves individuals with lowest levels of need all the way through to individuals with highest levels of need (including prevention)
- Ensures most **comprehensive behavioral health service benefit** to serve ***all*** citizens regardless of type of insurance
- Expands ability of the public mental health system to address **local community needs** (e.g., law enforcement, schools, crisis systems)



CCBHCS ARE TRANSFORMING BEHAVIORAL HEALTH CARE IN OUR COMMUNITIES

- Creates **common expectation for evidence-based care** and recovery for CCBHCs across the state and across the country
- **Integrates treatment** above and below the neck (mental health, substance use, and physical health needs addressed in one plan of service)
- Closes gaps in the **safety net** through comprehensive funding model
- Ensures **federal funding** to support comprehensive benefit

WHAT IS A CCBHC?

- CCBHC=Certified Community Behavioral Health Clinic
- Federal definition of what it means to be a CMH
- Consistent availability of a standard set of evidence-based services to support a single benefit across the country
- Raises the bar on expectations for services no matter where you live
- Includes a set of quality standards for the provision of care for people with mental illness, substance use disorders, and co-occurring conditions

CCBHC MODEL: *NINE CORE SERVICES OF A CCBHC**

- Crisis – 24-hour mobile crisis
- Screening, assessment, diagnosis, risk assessment
- Patient-centered treatment planning
- Outpatient mental health and substance use services
- Outpatient primary care screening, monitoring of key health indicators and risk
- Targeted case management
- Psychiatric rehabilitation
- Peer support, counselor services, family support
- Services for members of the armed forces, veterans, and tribal nations



CCBHC = CONVENER

CCBHCs are critical conveners in communities for developing strategies to address social determinants of health that leverage resources and assets that are unique to each community.

CCBHC- LANGUAGE AND DESIGNATION MATTERS



- SAMHSA offers 2 types of **Grants**: Dollars go to each CCBHC to build infrastructure and foundational services
 - Expansion Grants (2 year grants)
 - Implementation and Advancement Grants (4 year grants)
- CMS **CCBHC Demonstration**: Dollars go to the state are intended to cement the comprehensive benefit within the Medicaid system and sustain long-term the service array
 - State receives enhanced match rate for CCBHC sites in Demonstration

OUTCOMES FROM MICHIGAN CCBHC SITES

CCBHC strengthens of the public safety net in CMH-CCBHC communities across Michigan, helping every person lead their best life.

Improved access to school-based care, outreach to families and children, early intervention and prevention for children struggling with behavioral health conditions



Improved access for mild to moderate and early intervention services for adults and children, regardless of insurance



Expanded crisis services, 24-hour mobile crisis, coordination with 988



Improved responsiveness to law enforcement and judicial system, early diversion services, warm transfer across systems

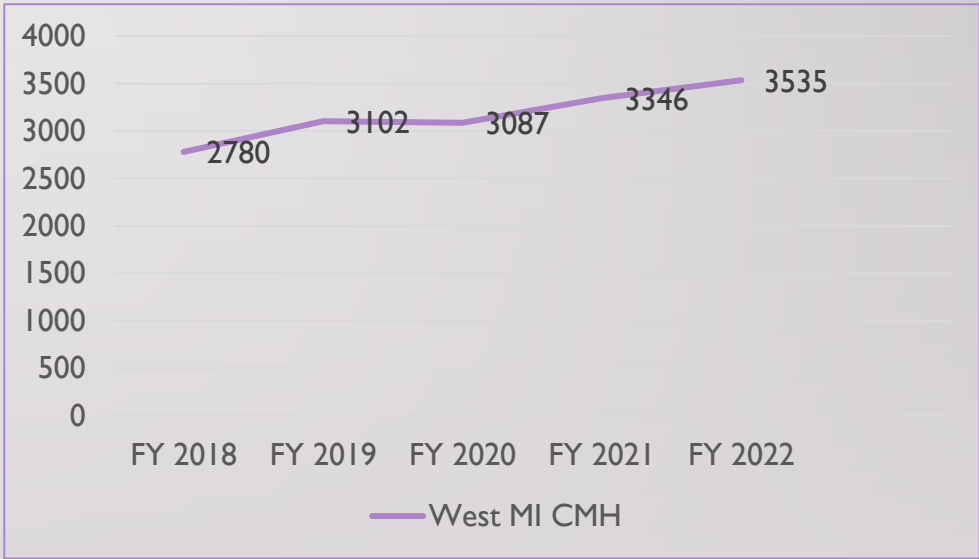
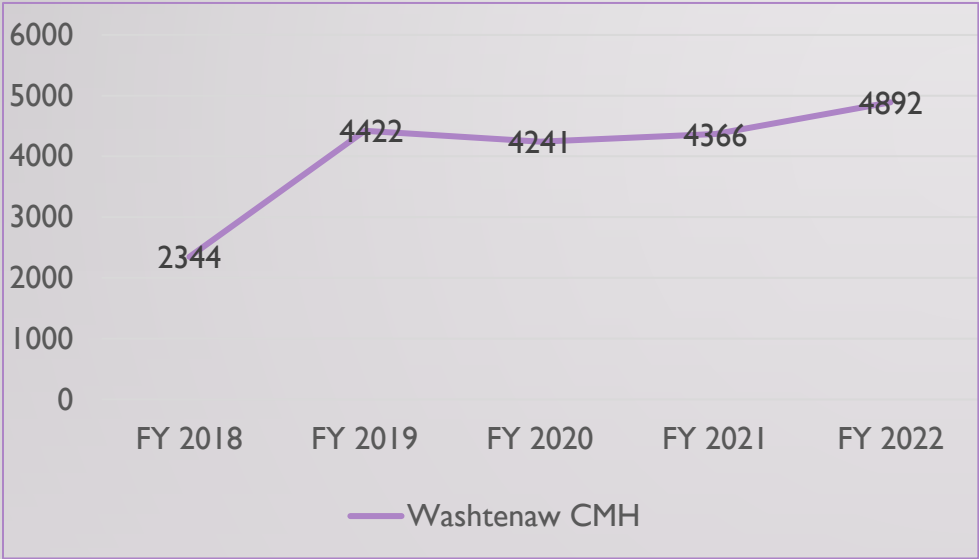


Expanded partnerships with primary care, implementation of whole-person care, integration of services above and below the neck

OUTCOMES FROM OUR CCBHCS—NUMBERS SERVED



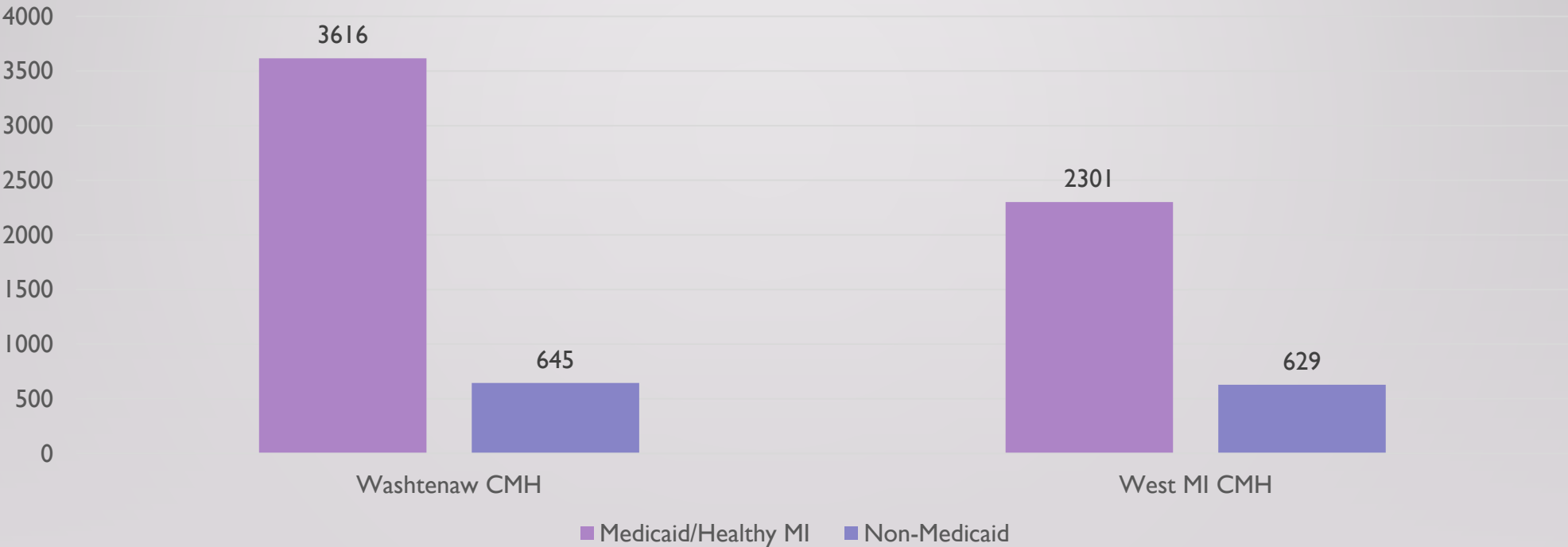
SINCE BECOMING CCBHCS IN OCTOBER 2018, WASHTENAW CMH AND WEST MICHIGAN CMH HAVE SIGNIFICANTLY INCREASED THE NUMBER OF PERSONS SERVED



Fiscal Years run October 1- September 30 (e.g., FY2018 = 10/1/17- 9/30/18)

OUTCOMES FROM OUR CCBHCS—NUMBERS SERVED BY TYPE OF INSURANCE

Demonstration Year I (DYI = FY 2022) Persons Served by type of Insurance



OUTCOMES FROM OUR CCBHCS—CRISIS CAPACITY

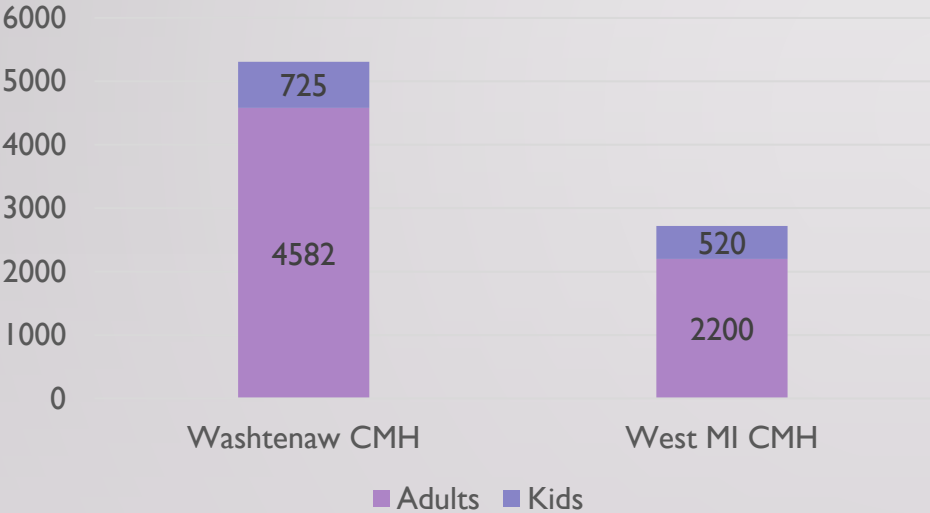


- Since becoming CCBHCS in 2018, the ability of both CMHs to meet the demand for crisis services has **more than doubled** and continues to expand exponentially
 - This is especially true for children’s crisis services
- Includes 24-7 mobile crisis
- Includes support and response to law enforcement, school, and other community need

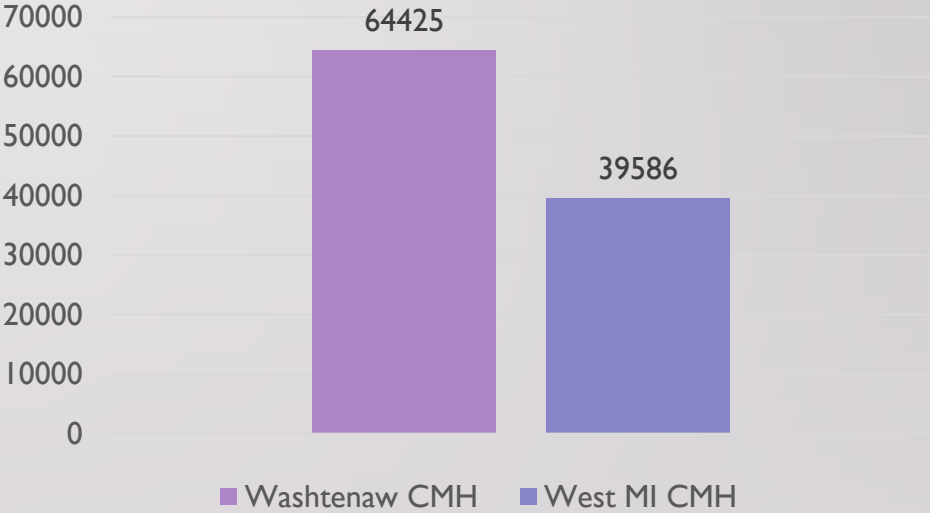


OUTCOMES FROM OUR CCBHCS—ENROLLMENT AND ENCOUNTERS

NUMBERS ENROLLED IN CCBHC DYI (FY2022)



NUMBER OF CCBHC ENCOUNTERS DELIVERED IN DYI (FY2022)



CCBHC AS A SOLUTION TO LARGER SYSTEM CHALLENGES



- Stabilization and flexibility of funding—**elimination of silos across funding buckets**
- Common statewide benefit
- **Full continuum of services** from mild-to-moderate through SPMI regardless of insurance integrated under one payer
- Access **regardless of insurance** or severity
- Brings in **better match rate** for state—assists with funding in the public system
- **Independence** of the system regardless of payer
- **Integrated SUD Management**
- **MIKidsNow**—consistency of benefit for all children’s services combined with coordination of care
- CCBHC is a **Health Home +**
- Opportunities for **customization within context of standard expectations** particularly fits with rural CMHs that are the greatest number of CMHs in the state
- **Value-based purchasing** within specialty behavioral health network

CCBHC IS KEY TO LONG-TERM IMPROVED ACCESS TO HIGH QUALITY CHILDREN'S SERVICES

- CCBHC helps align strategies and solutions for MDHHS response to the K-B Lawsuit
- CCBHC solves many of the problems the MKN initiative is trying to address
 - **Improved Access** takes away need for kids to be “severe” that exists in the current system
 - **Consistency of benefit** for all children’s services combined with coordination of care
 - Compliance with required **EPSDT** services
 - **Standardized** data collection, reporting and monitoring of outcomes
 - **Improved transparency**



CONTACT INFORMATION

- Trish Cortes (Washtenaw CMH)
cortest@washtenaw.org
- Lisa A. Williams (West Michigan CMH)
lisah@wmcms.org

